

# STRESSED . . .

Feeling overwhelmed? Ruminating thoughts?  
Tired? Anxious??

- Come join a group clearing using **NET: Neuro Emotional Technique**. A powerful, gentle technique to release the stuck emotions held in the cellular memory. No experience necessary. All are welcome.
- Take home two excellent tools to help support your nervous system to restore balance and harmony.
- The most economical way to experience this amazing technique.

## **Authentic Living Center**

570 Kirts Blvd Suite 233  
Troy, MI

**Dr. Theresa Pigott**, Certified NET practitioner  
for over 30 years, will be your guide in this process.

\$25 per person\*    6:30 - 8 pm

### **Date:**

Tuesday, 2/11/25

Monday, 2/17/25

Wednesday, 2/26/25

### **Topic:**

De-Stress

Anxiety

Vibrant Health



Must RSVP: [drtpigott@hotmail.com](mailto:drtpigott@hotmail.com)  
or text **248 752-2652**

*\* Need a least 5 people to run the group*